

Life Stage Scale by Terry Prince © 2010

15 Life Stages When Working with the Residential Client

Stage	Category	Typical Age Range
Life Stage 1	Pre-arrival ¹⁻	0 – 17 Years/65+
Life Stage 2	Infant	0 - 1
Life Stage 3	Toddler	1 - 2
Life Stage 4	Pre-school/Nursery ²⁻ /Kindergarten	2 - 5
Life Stage 5	Childhood	5 - 11
Life Stage 6	Early Adolescent/Pre-teen	9 - 12
Life Stage 7	Adolescent-Teen	12 - 17
Life Stage 8	Early Adulthood	18-24 (+/-5 ³)
Life Stage 9	Adulthood	24 - 40
Life Stage 10	Middle Age	40 - 60
Life Stage 11	Pre-Retirement	52 - 70
Life Stage 12	Retirement – Novice ^{4.}	64 – 78
Life Stage 13	Retirement – Active ^{5.}	65 - 80
Life Stage 14	Retirement – Pre-elder ^{6.}	65 - 90
Life Stage 15	Elderly Adult ^{7.}	70 – 100+
Stage 16	Post-Departure ^{8.}	N/A

1. Within 1 year of knowledge of impending arrival through pregnancy, adoption, guardianship or foster care. This can also be used for senior adult foster care or pending arrival of an elderly adult into the dwelling.
2. Nursery is a term used in the United Kingdom for pre-school.
3. Individuals with Chronic Disorganization Issues may extend beyond 24 years of age.
4. 0 – 2 years into transitioning to retirement.
5. 1 plus years into retirement.
6. Having 1 – 5 years of aging concerns and substantial health issues
7. Elderly adult requires assistance with daily living. Elderly adult may still live independently.
8. Objects in residence from deceased or recent “permanently” departed household member.